



This very beautiful and powerful ceremony was handed down to us from Inka times in Peru. It honors all of life: our Mother the Earth, the spirit of the mountains, the Sky, the tree people, the plant people, the living soul of the stones, the animal realm, Grand Mother Moon, Father Sun and the Star Nations. It is about giving back and coming in right relationship with everything and everyone in our lives. When we honor all of life and the sacredness of what is, we are led back in alignment with our highest destiny.

Up to a hundred ingredients such as chocolate, beans, raisins, candy, flowers, ribbons etc.... go into the creation of a despacho (offering to the Gods), thus forming a beautiful natural mandala. Each symbolizes an aspect of our lives, with always a balance between the masculine and the feminine. All our prayers are blown into quintus (traditionally coca leaves, but bay leaves for us in the US) for manifestation. The bundle thus formed in a state of reverence, joy and gratitude, is then burned, allowing our prayers to be released into the ethers and brought to the upper world by Condor and Pachamama (Mother Earth).

The results of a despacho can be mild if we are already connected to our higher truth, or quite intense if we have strayed from our destiny. Coming in right relationship with aspects of our lives could initially lead to surprising results. But however dramatic these occurrences may seem at the time, they will invariably lead to much better circumstances: such as the job of our dreams, the partner who matches us in body, mind, heart and spirit and greater abundance than ever.

Michelle Karén, international conference speaker, author of 9 books on Astrology, living food nutrition, yoga and spiritual novels, Astrologer to the Stars at the 78th Academy Awards in Hollywood, and graduate of the Four Winds Society, was personally initiated in Peru by the Q'ero Master Shamans, direct descendants of the Inkas, particularly her mentor Don Pasqual and his wife Santosa. She was asked to become the Godmother of 2 Q'ero children in a traditional hair cutting ceremony in Cusco. She regularly leads mystical journeys to the Sacred Valley and Lake Titicaca on both the Peruvian and Bolivian sides.